

Cha Cha Basic

		Man's		Ladies	
Phase	Time	Foot Details		Foot Details	
Basic	1	L	Side (left)	R	Side (right)
	2	R	Back (rock)	L	Forward (rock)
	3	L	Forward (rock)	R	Back (rock)
	4	R	Side (right)	L	Side (left)
	and	L	Together (close)	R	Together (close)
	1	R	Side (right)	L	Side (left)
	2	L	Forward (rock)	R	Back (rock)
	3	R	Back (rock)	L	Forward (rock)
	4	L	Side (left)	R	Side (right)
	and	R	Together (close)	L	Together (close)