

Foxtrot Silver - Weave for Promenade

		Man's			Ladies		
Phase	Time	Foot	Body	Details	Foot	Body	Details
Twinkle	Slow	L	Closed	Forward	R	Closed	Back
	Quick	R	Closed	Side, right and forward	L	Closed	Side, back and left
	Quick	L	Promenade	Foot sweep passed right then out forward diagonal	R	Promenade	Back, pivot right sweeps near left then side to right
Weave	Slow	R	Promenade	Forward, across left CBMP	L	Promenade	Forward, across right CBMP
	Quick	L	Closed	Forward	R	Closed	Side and back
	Quick	R	Closed	Side and slightly back	L	Closed	Side and forward
	Quick	L	CBMP	Back	R	CBMP	Forward, outside partner
	Quick	R	Closed	Back	L	Closed	Forward
	Quick	L	Closed	Side and slightly forward	R	Closed	Side and Back
	Quick	R	CBMP	Forward and across outside partner	L	CBMP	Back

Turns Left