

Foxtrot Silver Left Turn

		Man's			Ladies		
Phase	Time	Foot	Body	Details	Foot	Body	Details
1st half	Slow	L	Closed	Forward, pivot left	L	Closed	Back, pivot to left
	Quick	R	Closed	Side, pivot a bit more left	R	Closed	Side, pivot a bit more left
	Quick	L	CBMP	Back, Passing, step behind right foot	L	CBMP	Forward, Passing, infront of left foot
2nd Half	Slow	R	Closed	Back, pivot to left	R	Closed	Forward, pivot left
	Quick	L	Closed	Side, pivot a bit more left	L	Closed	Side, pivot a bit more left
	Quick	R	CBMP	Forward, Passing, infront of left foot	R	CBMP	Back, Passing, step behind right foot

Foxtrot Silver Right Turn

		Man's			Ladies		
Phase	Time	Foot	Body	Details	Foot	Body	Details
Twinkle	Slow	L	Closed	Forward	R	Closed	Back
	Quick	R	Closed	Side, right and forward	L	Closed	Side, back and left
	Quick	L	Promenade	Foot sweep passed right then out forward diagonal	R	Promenade	Back, pivot right sweeps near left then side to right
1st Half	Slow	R	CBMP	Forward, across left, Pivot to right	L	CBMP	Forward, promenade
	Quick	L	Closed	Side and Back	R	Closed	Forward
	Quick	R	CBMP	Back	L	Closed	Forward, left side lead
2nd Half	Slow	L	CBMP	Back	R	CBMP	Forward, outside partner
	Quick	R	Closed	Back, together, heel pivot	L	Closed	Side, gather feet together, pivot right,
	Quick	L	Promenade	Forward to left	R	Promenade	Right foot out, Side in Promenade
Finishing	Slow	R	CBMP	Forward in promenade	L	CBMP	Forward and across in promenade
	Quick	L	Closed	Forward diagonal	R	Closed	Side, slightly back
	Quick	R	CBMP	Forward, Passing, infront of left foot	L	CBMP	Back, Passing, step behind right foot