

Swing Syllabus

Beginners

Basic
 Lady's Natural Turn
 Lady's Reverse Turn
 Cuddle
 Man's Wrap Around Turn
 Behind the Back Hand Change
 He Goes She Goes
 Closed Position
 Closed Position Rollout

Apr 2008 Apr 2009

Beg	Beg
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	Beg
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Intermediate 1

Forward and Back Swivels
 Tuck Turns
 Surprise Tuck Turns
 Hitch Kicks
 Reverse Cuddle
 Close Roll In
 Closed Roll Out
 Forward Swivels
 Backward Swivels
 Sliding Doors
 Sugarfoot

	Adv
	Adv
	Adv
Adv	Adv
Adv	

Silver 1

Wrist Spins
 Face Loops & Tuck Spin
 Tuck In with Alternating Hammerlock
 Two Hand Catch and Spin
 Rotating Basic
 Side to Side & Running Pass
 Boogie Walks
 Pull Back
 Overturning Sailor Shuffle
 Twist and Face
 Wrap Combination

Adv	
	Adv
Adv	
Adv	
	Adv
	Adv
Adv	
Adv	
	Adv