

Waltz 1/4 Turn Left Box

			Man's		Ladies	
Phase	Time	R&F	Foot Details		Foot Details	
1st Half	1	Prep	L	Forward (pivot left 1/4 turn)	R	Back (pivot left 1/4 turn)
	2	Rise	R	Side	L	Side
	3	Fall	L	Together	R	Together
2nd Half	1	Prep	R	Back (pivot left 1/4 turn)	L	Forward (pivot left 1/4 turn)
	2	Rise	L	Side	R	Side
	3	Fall	R	Together	L	Together

This box should be 4x the size of a simple box
 3 steps for each segment should be in a straight line forward or back

Right 1/4 Turn box is same after a link to right

Waltz 1/4 Turn Combination

			Man's		Lady's	
Phase	Time	R&F	Foot Details		Foot Details	
1st Half Left	1	Prep	L	Forward (pivot left ~1/4 turn)	R	Back (pivot left ~1/4 turn)
	2	Rise	R	Side	L	Side
	3	Fall	L	Together	R	Together
2nd Half Left	1	Prep	R	Back (pivot left ~1/4 turn)	L	Forward (pivot left ~1/4 turn)
	2	Rise	L	Side	R	Side
	3	Fall	R	Together	L	Together
Link to Right	1	Prep	L	Forward	R	Back
	2	Rise	R	Side	L	Side
	3	Fall	L	Together	R	Together
1st Half Right	1	Prep	R	Forward (pivot right ~1/4 turn)	L	Back (pivot right ~1/4 turn)
	2	Rise	L	Side	R	Side
	3	Fall	R	Together	L	Together
2nd Half Right	1	Prep	L	Back (pivot right ~1/4 turn)	R	Forward (pivot right ~1/4 turn)
	2	Rise	R	Side	L	Side
	3	Fall	L	Together	R	Together
Link to Left	1	Prep	R	Forward	L	Back
	2	Rise	L	Side	R	Side
	3	Fall	R	Together	L	Together

(repeat sequence)